

# Opening Mental Health Codes

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## **Presentation to The Robert G. (Bob) Bethell Joint Committee on Home and Community Based Services and KanCare Oversight June 24, 2024**

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# Opening Mental Health Codes

## Background

- In response to the increasing mental health and substance use disorder needs across the state, KDADS Behavioral Health Services Commission the review and processes to open Specialized Community-Based Rehabilitation Services to the appropriate provider types to help meet the demand for care.
- For decades, only Community Mental Health Centers (CMHCs) have had access to certain mental health codes in the Medicaid system.
- Extending the ability for additional providers to reach consumers outside of the CMHC/CCBHC network will help ensure increased availability of services timelier, to individuals, families, and children, in an otherwise provider scarce environment that currently exists. Some examples of provider types this will impact include Federally Qualified Health Centers, Substance Use Disorder providers, Child Welfare Providers, and more.

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## **Specialized Community – Based Rehabilitation Services**

- Rehabilitation services are provided as part of a comprehensive specialized psychiatric program available to all Medicaid eligible individuals with significant functional impairments resulting from an identified mental health diagnosis or substance abuse diagnosis.
- The medical necessity for these rehabilitative services must be determined by a licensed mental health practitioner or physician

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## Specialized Community – Based Rehabilitation Services

Community Psychiatric Support and  
Treatment (CPST)

Crisis Stabilization

Psychosocial Rehabilitation

Mobile Crisis Intervention

Peer Support  
–(expanded in March 2023)

Supportive Housing

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## Supporting Services

Community Based Services Team (CBST)  
meeting

Psychiatric Diagnostic Evaluation

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## Fiscal Impact

- CCBHCs will continue to be the cornerstone and bedrock of services for mental and behavioral health consumers, but with the July 1, 2024, opening of the Specialized Community-Based Rehabilitation Service codes, it will enhance all providers in the behavioral health continuum with funding they have not had access to before, for a behavioral health population some have been serving over the past several years.
- The estimated fiscal impact assessed by KDADS is budget neutral. This is due to medical necessity remaining the same and because the number of eligible members will not increase.

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## Benefits

- The Specialized Community-Based Rehabilitation Services, which impact our most vulnerable individuals with significant functional impairments resulting from an identified mental health diagnosis or substance use disorder diagnosis
- It is determined that an additional availability of providers will increase individual choice for services, encourage individual engagement in those services and decrease higher levels of care needed for individuals across the state.
- Our desire is to provide services which shall include more individuals in locations closer to home, more timely access and increase individual choice for those services

**QUESTIONS?**