

Certified Community Behavioral Health Clinics



What is a CCBHC?

A Certified Community Behavioral Health Clinic (CCBHC) is a specially-designated clinic that provides a comprehensive range of mental health and substance use services.

-National Council on Mental Wellbeing

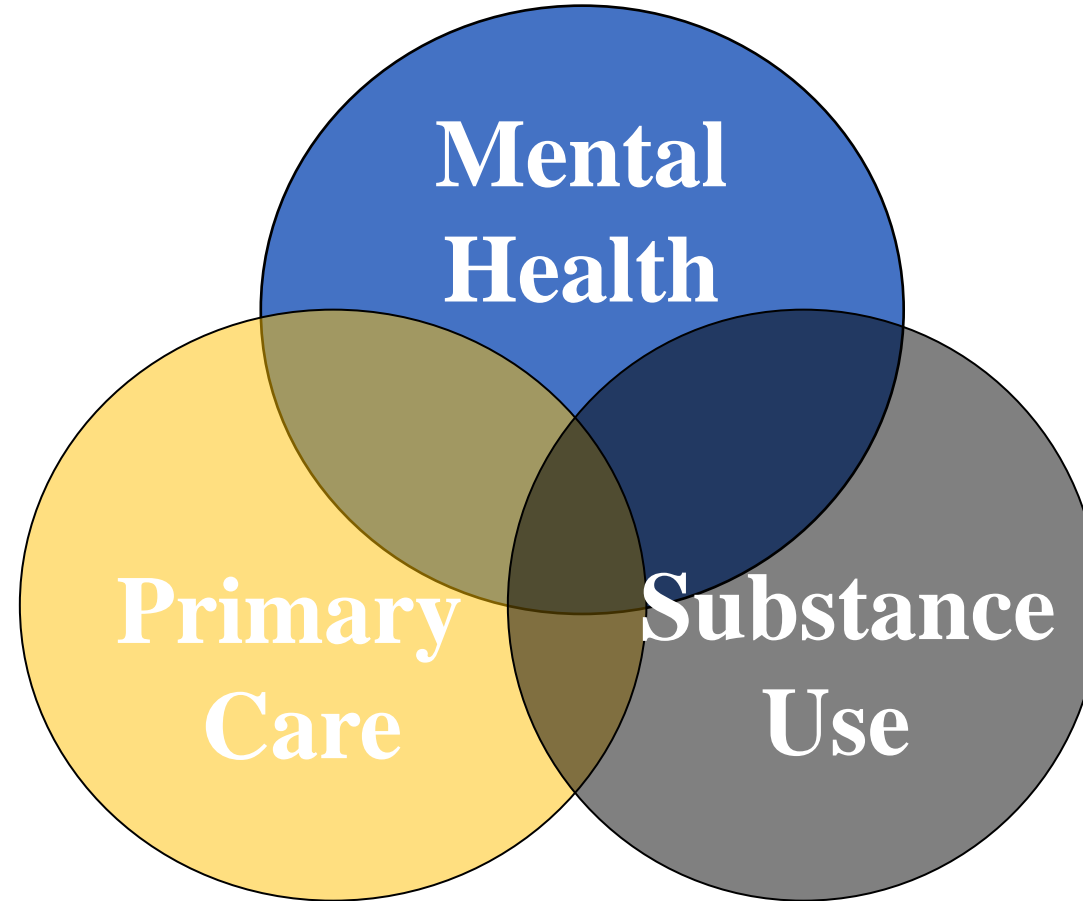
What are CCBHCs Providing?

CCBHCs represent an opportunity for states to improve the behavioral health of their citizens by:

- Providing community-based mental health and substance use disorder services.
- Advancing integration of behavioral health with physical health care.
- Integrating and utilizing evidence-based practices on a more consistent basis.
- Promoting improved access to high quality care.



Integrated Care Model



Prospective Payment System

Prospective Payment System (PPS):

- Method of reimbursement in which Medicaid payment is based on a predetermined, fixed amount.
- Represents the average cost per encounter for all clients receiving CCBHC services from a particular clinic.

$$\frac{\text{Annual Allowable Costs}}{\text{Annual Daily Visits}} = \text{PPS Rate}$$



Agencies Involved in Care Coordination Activities

- Federally Qualified Health Centers (FQHCs)
- Rural Health Clinics
- Inpatient Psychiatric Facilities
- Substance Use Detoxification Services
- Post-Detoxification Step-Down Services
- Residential Programs
- Child Welfare Agencies
- Juvenile Criminal Justice Agencies
- Veteran Affairs
- Inpatient Acute Hospitals
- Hospital Outpatient Clinics
- Schools

What Does It Take to Meet CCBHC Criteria?

To operate as a CCBHC, an organization must meet program requirements under six categories:

- Staffing
- Availability and accessibility of services
- Care coordination
- Scope of services
- Quality reporting
- Organizational authority and governance accreditation



CCBHC Criteria

1. Staffing
2. Availability and Accessibility of Services
3. Care Coordination
4. Scope of Services
5. Quality and Other Reporting
6. Organizational Authority, Governance and Accreditation



CCBHC Core Services

CCBHCs Provide Nine Core Services Directly or Through Formal Partnerships

Crisis Services



Outpatient Mental Health & Substance Use Services

Screening, Diagnosis & Risk Assessment



Person- & Family-Centered Treatment Planning

Psychiatric Rehabilitation Services



Community-Based Mental Health Care for Veterans

Outpatient Primary Care Screening & Monitoring



Peer, Family Support & Counselor Services

Targeted Case Management



Required Evidence-Based Practices

Evidence-Based Practices

Assertive Community Treatment (ACT)

Supported Employment (IPS Model)

Medication Assisted Treatment (MAT)

Cognitive Behavioral Therapy (CBT)

Where Are We Going?

- **Rollout CCBHC Data Warehouse**
- **Developing policies and regulations for CCBHCs**
- **Demonstration awarded by SAMHSA in May 2024**
- **Expanding capacity for technical assistance with centers**



CCBHC Demonstration



Introduction into the Demonstration Program

- **The Protecting Access to Medicare Act (H.R. 4302) passed in Congress in 2014**
 - **Section 223 of this legislation established CCBHCs**
- **CCBHCs transform mental health and substance use treatment while providing sustainable funding for community outpatient mental health treatment**
- **All States interested in participating in the Demonstration Program must first apply for a CCBHC Planning Grant**

CCBHC Demonstration

March, 2023:

Kansas was awarded a one year SAMHSA CCBHC Planning Grant

March, 2024:

The CCBHC Planning grant ended

March, 2024:

Submitted an application for the Demonstration program

July, 2024:

Kansas is accepted into the Demonstration Program

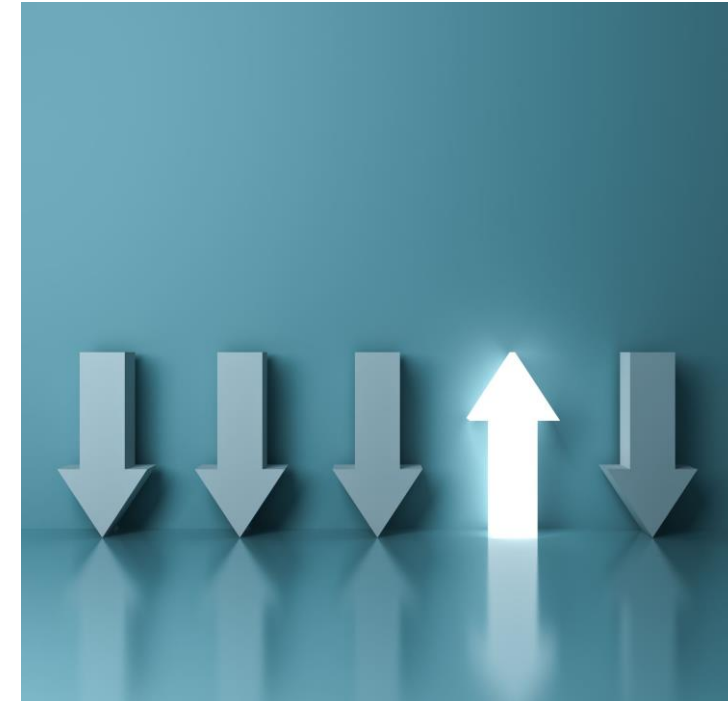
January, 2025:

Demonstration Program starts in Kansas

CCBHC Demonstration

The Goals and Impact of the Demonstration Program in Kansas

- **Improve access to community-based mental health and substance use disorder services, especially in underserved communities**
- **Advance the integration of behavioral health with physical health care**
- **Promote the utilization of evidence-based practices**
- **Address behavioral health issues within the state**
- **Increase access to services and improve outcomes for Kansans**



CCBHC Demonstration

Benefits of Participating in the Demonstration Program

- **Increased Federal Medical Assistance Percentage (FMAP)**
- **15 hours of personalized CCBHC technical assistance from the National Council**
- **Support from SAMHSA and CMS**



Positive Outcomes from CCBHC

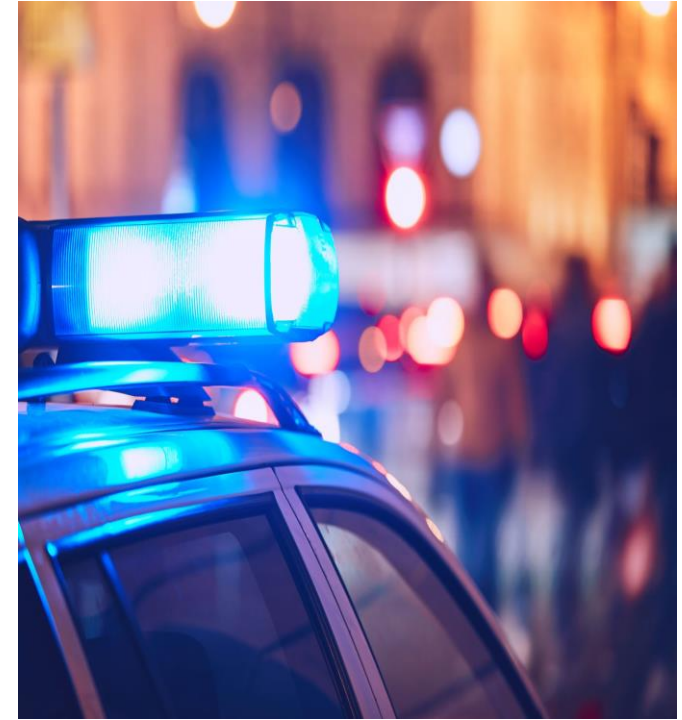
- CCBHCs serve an estimated 3 million people, representing continued yearly growth since the inception of the model
- Access gains were particularly pronounced among Medicaid CCBHCs, which expanded their number of people served by an average of 33%.
- The most commonly reported access expansions were among children/youth, uninsured people, and those without a prior source of outpatient care

--- National Council for Mental Wellbeing. (2024, June 13). *2024 CCBHC Impact Report* - National Council for Mental Wellbeing. <https://www.thenationalcouncil.org/resources/2024-ccbhc-impact-report/>

Savings from CCBHC Model

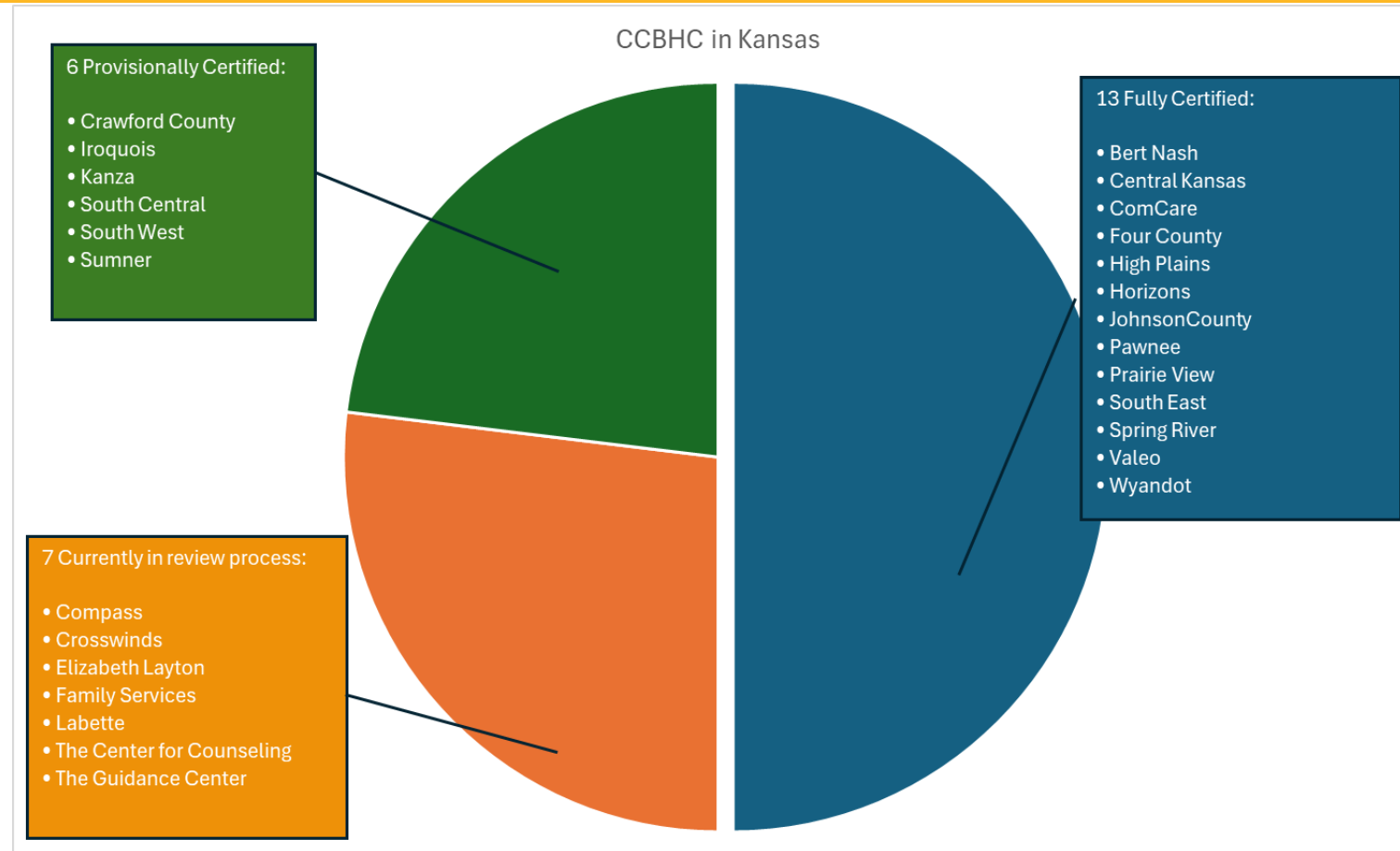
The CCBHC model reduces use of high-cost services such as emergency department usage and involvement with the judicial system

- One CCBHC in [Missouri](#) reported a 66% decrease in requests for crisis intervention services, while 85% of those referred for inpatient hospitalization were diverted to community care options
- In Oregon, a CCBHC partnership with a local jail estimated a savings of \$2.5 million in prison costs



-- Becker, C. (2022, November 21). The value of certified community behavioral health clinics. *National Conference of State Legislatures*. <https://www.ncsl.org/state-legislatures-news/details/the-value-of-certified-community-behavioral-health-clinics>

CCBHC in Kansas



CCBHC Data Warehouse

Client Count

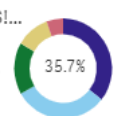
86,927

Average Client Age

34

GUID_KS!...

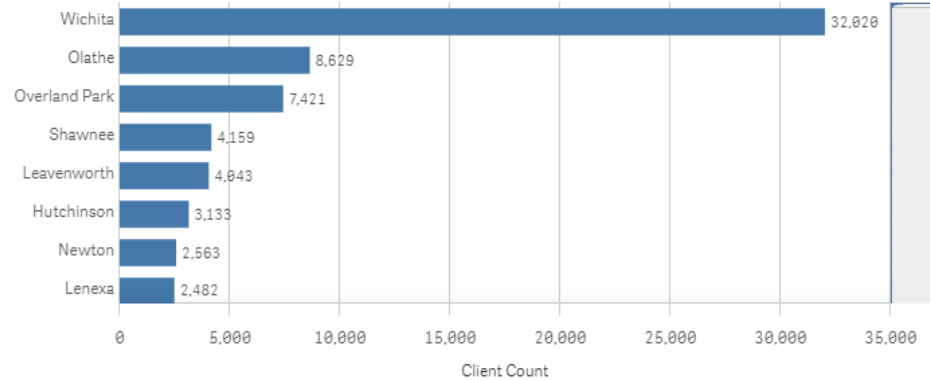
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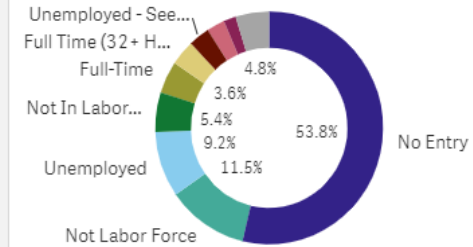
CCSGC...

Client Location

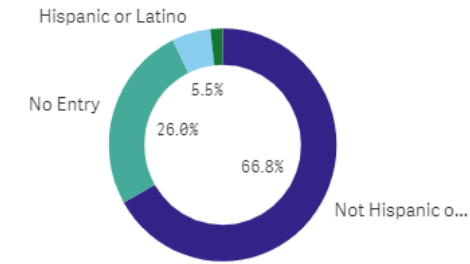
Client City



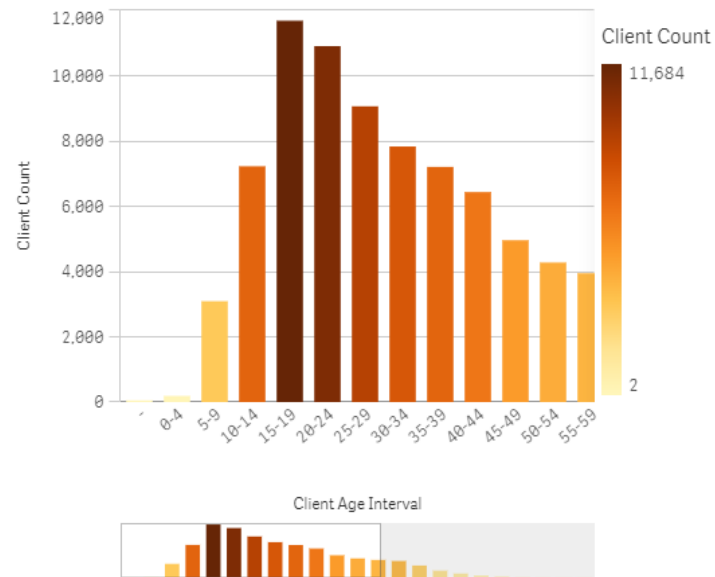
Employment Status



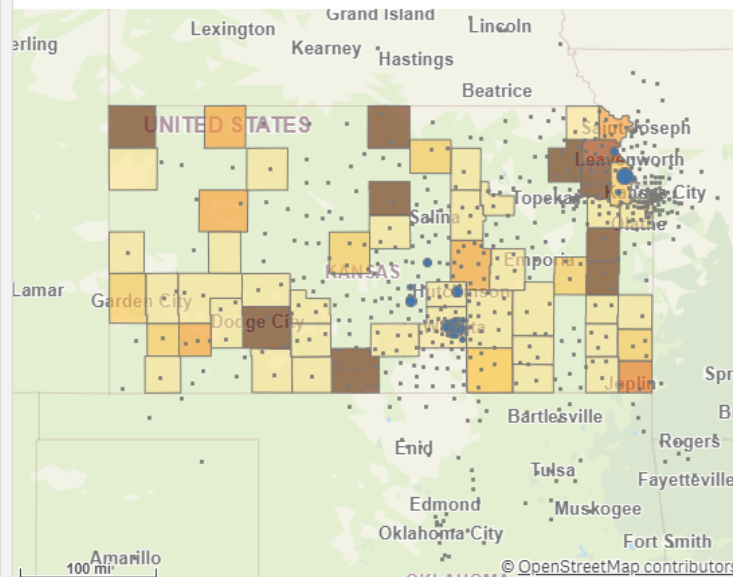
Ethnicity



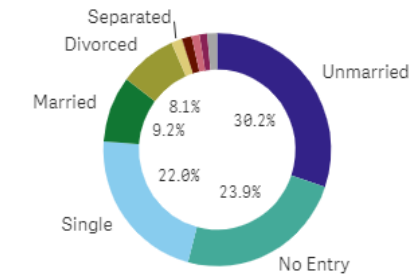
Age Distribution



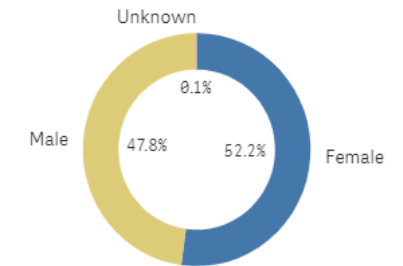
Client Location



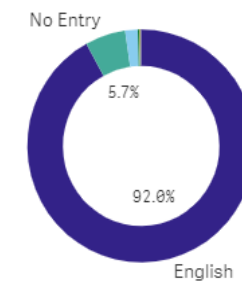
Marital Status



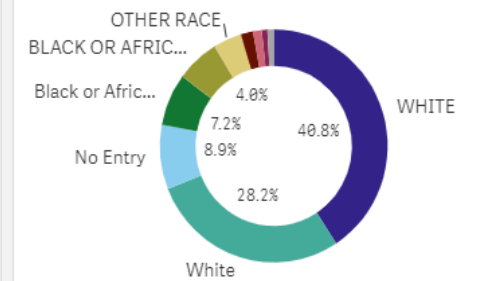
Gender



Language

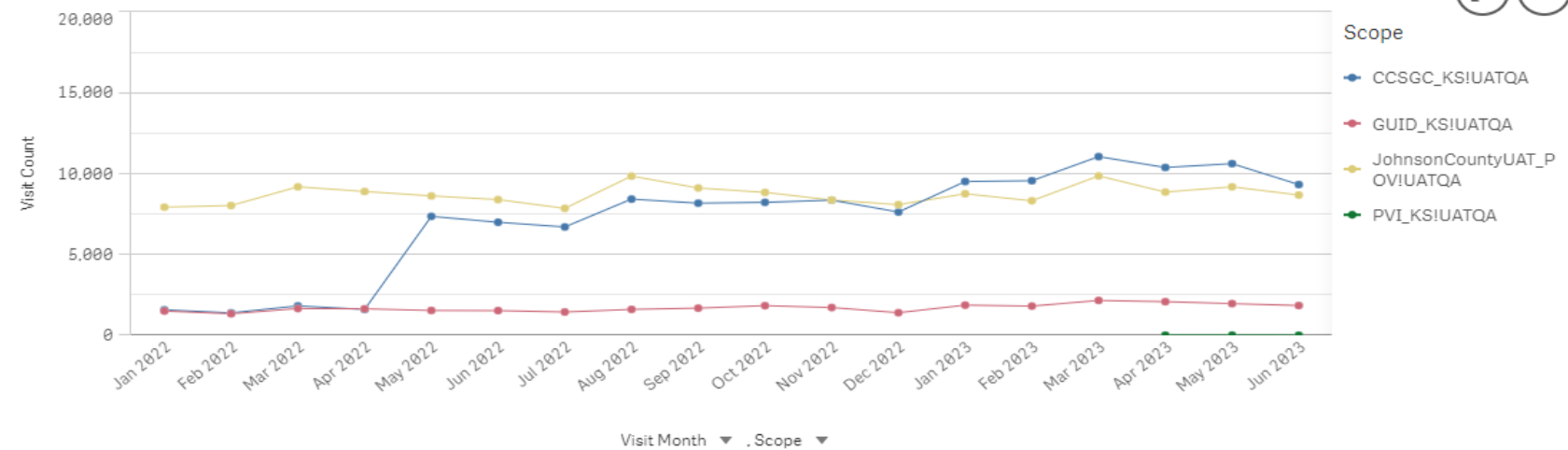


Race

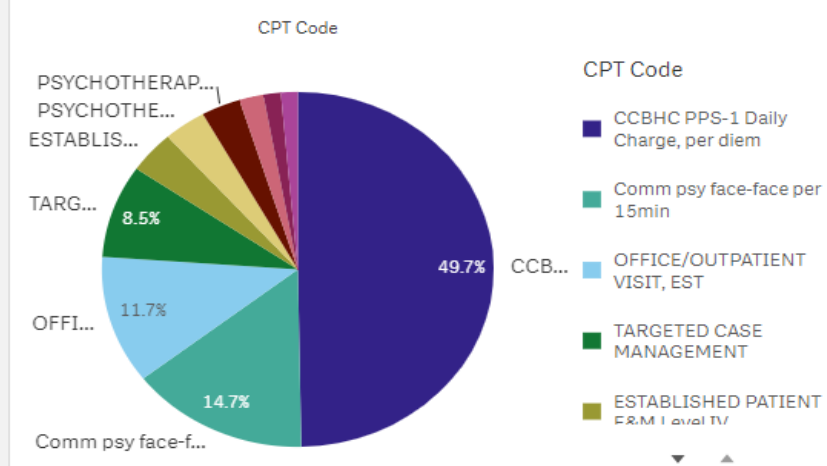


CCBHC Data Warehouse

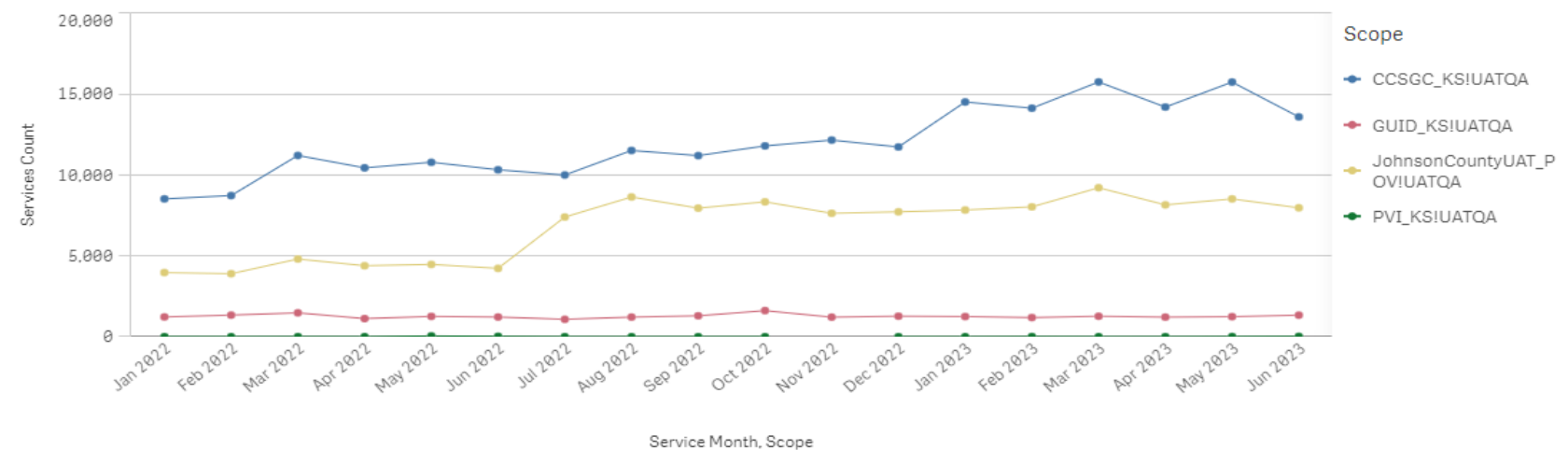
Visits Over Time



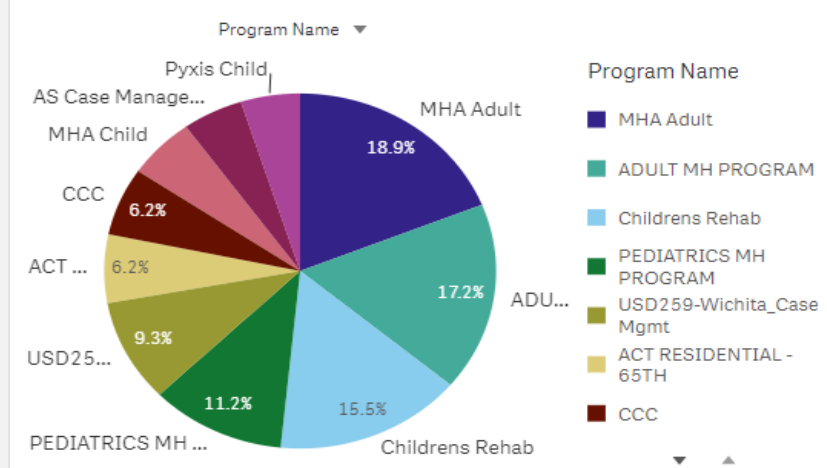
Top 10 CPT Codes



Services Over Time



Services by Top 10 Programs



QUESTIONS?