



# Community-Clinical Linkages Programs Lainey Faulkner, CPTA | October 12, 2023





#### Lainey Faulkner, CPTA

Section Director, Community-Clinical Linkages Bureau of Health Promotion Kansas Department of Health and Environment



#### Division of Public Health – Bureau of Health Promotion, Community-Clinical Linkages Section

#### **Diabetes:**

National Diabetes Prevention Program

Diabetes Self-Management Education and Support

Team-Based Care

Community Health Worker Engagement Bidirectional Referral

#### Cardiovascular Disease:

Health Systems Approaches Clinical Quality Improvement Self-Measured Blood Pressure Monitoring Medication Therapy Management Team-Based Care Bidirectional Referral BOLD: Alzheimer's Disease and Related Dementias (ADRD) Build the Public Health Infrastructure Statewide ADRD Coalition Kansas ADRD State Plan Community-Clinical Linkages

#### WISEWOMAN

Establish WISEWOMAN Infrastructure and integrate with Early Detection Works CVD Screening and Referral Team-Based Care Community-Clinical Linkages



# **Community-Clinical Linkages**

- Community-clinical linkages are connections between community and clinical sectors. Community-clinical linkages strive to improve health within a community<sup>1</sup>
- Public health is integral to creating and sustaining community-clinical linkages.

#### Figure 1. Public Health Sector Linking Community and Clinical Sectors



#### **Community Sector**

Composed of organizations that provide services, programs, or resources to community members in non-health care settings.



#### Public Health Sector

Composed of public health organizations that can lead efforts to build and improve linkages between community and clinical sectors.



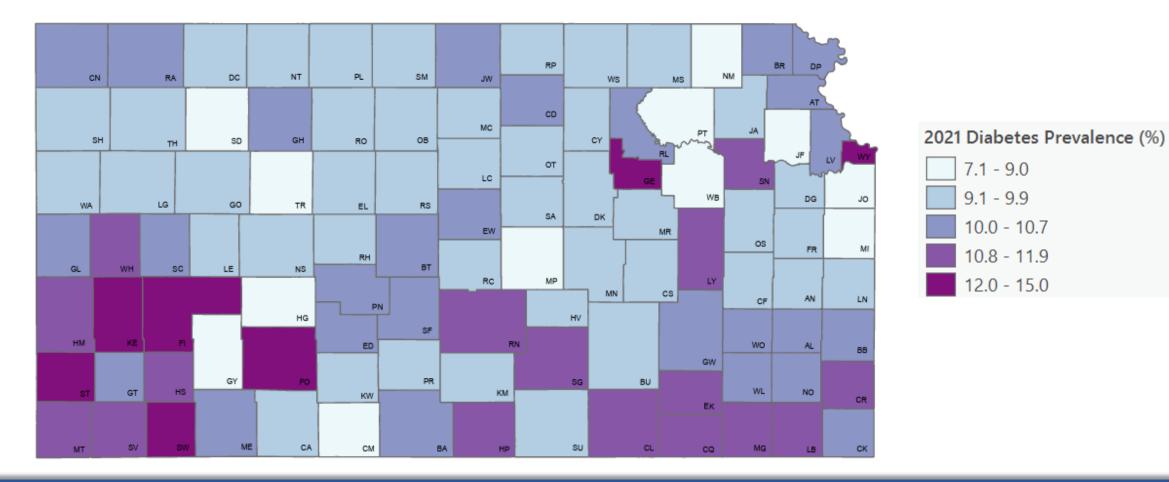
#### **Clinical Sector**

Composed of organizations that provide services, programs, or resources directly related to medical diagnoses or treatment of community members by health care workers in health care settings.

- 1. Centers for Disease Control and Prevention. Community-Clinical Linkages: Implementing an Operational Structure with a Health Equity Lens. Atlanta, GA: Centers for Disease Control and Prevention, U.S. Department of Health and Human Services; 2020
- 2. Centers for Disease Control and Prevention. Community-Clinical Linkages for the Prevention and Control of Chronic Diseases: A Practitioner's Guide. Atlanta, GA: Centers for Disease Control and Prevention, U.S. Department of Health and Human Services; 2016.



### **Diabetes in Kansas**





### **Diabetes Prevention and Management Program**

Focus Areas:

- Decrease the risk for type 2 diabetes among adults
- Improve self-care practices, quality of care and early detection of complications among people with diabetes
- Implement evidence-based strategies contributing to the prevention and management of diabetes
- Support efforts to establish and improve systems to address social determinants of health-related barriers



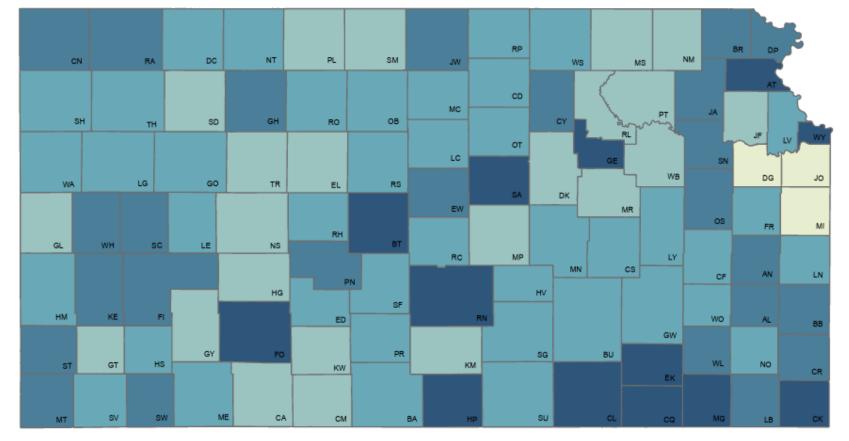
# **Diabetes Prevention and Management Program**

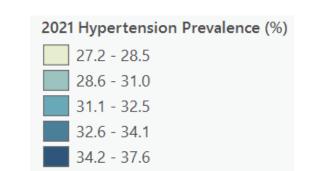
#### Notable Initiatives:

- Kansas Diabetes State Report
  - A report to the Kansas Legislative Coordinating Council in Accordance with K.S.A. 65-1,122
- National Diabetes Prevention Program (National DPP)
- Health And Lifestyle Training (HALT) Platform Implementation
- Diabetes Self-Management Education and Support (DSMES)



### **Cardiovascular Disease in Kansas – Hypertension**

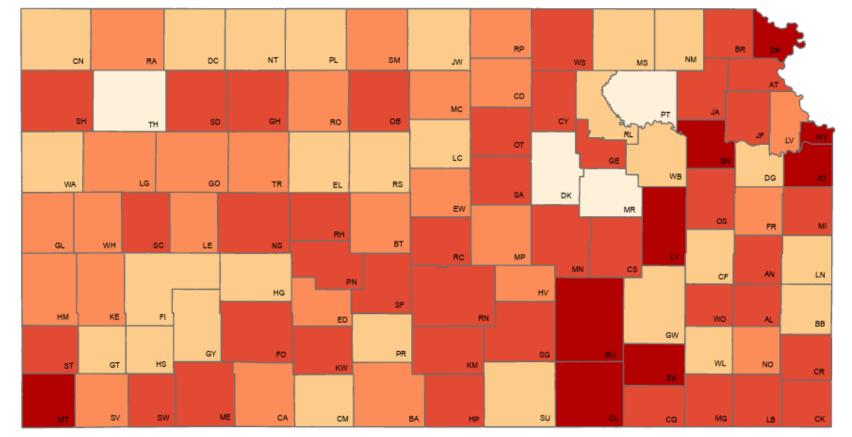




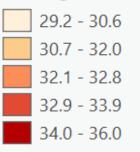
2021 CDC PLACES, Centers for Disease Control and Prevention, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion.



## **Cardiovascular Disease in Kansas – High Cholesterol**



2021 High Blood Cholesterol Prevalence (%)



2021 CDC PLACES, Centers for Disease Control and Prevention, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion.



### **Cardiovascular Disease Prevention and Management Program**

#### Focus Areas:

- Improve cardiovascular health in adults by reducing the number of adults with high blood pressure and high cholesterol
- Improve quality of care and early detection of those with hypertension and high cholesterol
- Implement evidence-based strategies contributing to the prevention and management of cardiovascular disease
- Support efforts to establish and improve systems to address social determinants of health-related barriers



### **Cardiovascular Disease Prevention and Management Program**

#### Notable Initiatives:

- Healthy Heart Ambassador (HHA) Program
- Clinical Quality Improvement
  - Clinic supported self-measured blood pressure monitoring
  - Identification and referral of at-risk patients to clinical or community services
  - Team-based care workflows including non-physician team members such as community health workers and pharmacists



### **Alzheimer's Disease and Related Dementias in Kansas**

- Alzheimer's disease is the eighth-leading cause of death in Kansas, with an age-adjusted death rate of 22.6 deaths per 100,000.
- In 2019, about 335,000 Kansas aged adults 18 years and older (11.5%; 95% CI: 10.2% - 12.8%) reported subjective cognitive decline (SCD).
  - The prevalence of SCD was significantly higher among those with lower annual household incomes and lower levels of education.
  - In addition, prevalence of SCD was significantly higher among those who reported hypertension, depression, diabetes, and hearing loss.
  - There was no significant difference in age-adjusted SCD across racial/ethnic groups.

Source: 2019 Kansas Behavioral Risk Factor Surveillance System,, Bureau of Health Promotion, Kansas Department of Health and Environment.



## **BOLD Public Health Program to Address Alzheimer's Disease and Related Dementias (ADRD) Program**

- Focus Areas:
  - Establish a statewide ADRD coalition
  - Update the Kansas Alzheimer's Disease and related dementias state plan
  - Implement evidence-based strategies in line with Kansas' strategic plan and CDC's Healthy Brain Initiative State and Local Public Health Partnerships to Address Dementia: The 2023-2027 Road Map



### **Cardiovascular Disease in Kansas Women**

- Among the 2.93 million people in Kansas, an estimated 530,239 are women aged 35 – 64 years.
- In 2021, about 284,000 Kansas adult women aged 35 64 years (53.6%; 95% CI: 51.7% - 55.6%) have been diagnosed with cardiovascular disease (CVD), including hypertension and high blood cholesterol.
  - The prevalence of CVD was significantly higher among women aged 35 64 years with lower annual household incomes and lower levels of education.
  - In addition, there were no significant differences among racial/ethnic groups in age-adjusted CVD prevalence.

Sources: CDC WONDER Online Database; 2021 Kansas Behavioral Risk Factor Surveillance System, Bureau of Health Promotion, Kansas Department of Health and Environment.



# Well-Integrated Screening and Evaluation for WOMen Across the Nation (WISEWOMAN) Program

- Focus Areas:
  - Provide screenings and counseling to qualifying Kansas women about their risk for heart disease and stroke
  - Implement team-based care to reduce cardiovascular disease risk
  - Track and monitor clinical measures shown to improve health care quality
  - Refer Kansas women to evidence-based lifestyle programs, individual health coaching or other community-based resources
  - Support Kansas women in participating in healthy lifestyle services by linking community and clinical resources for women at risk for cardiovascular disease



# **Looking Ahead**

- Areas of Focus
  - Health Equity
  - Social Determinants of Health
    - Screening and Tracking
    - Addressing through referral to social supports and services
  - Team-Based Care
  - Community-Clinical Linkages
    - Coalition Building
    - Creating and enhancing partnerships
  - Bi- or Multi- directional referral
    - E-referral





# **Thank you and Questions**





#### **Contact Me**

#### **Lainey Faulkner**

Section Director Community-Clinical Linkages Lainey.Faulkner@ks.gov 785-600-1534

