

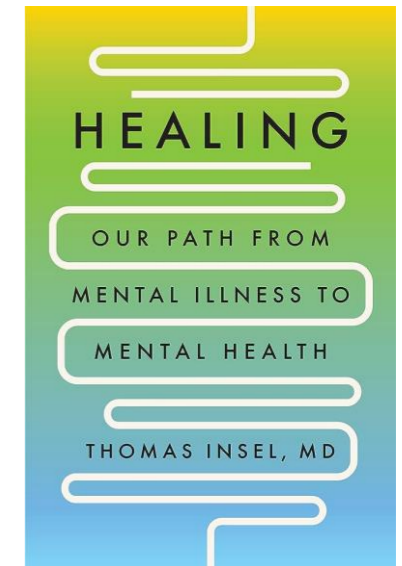


KANSAS CLUBHOUSE COALITION



A Proven Model for Recovery

2022: “Does the Clubhouse deliver? We now have over a half of century of research, with more than fifty studies, demonstrating that Clubhouses reduce unemployment, reduce or delay rehospitalization, and improve health outcomes at a lower cost..... This model is not only the origin of recovery, it could be the future where people, place and purpose become the foundation for mental healthcare”. - Thomas Insel, MD, (Director National Institute for Mental Health 2002-2015 and author of Healing: Our Path From Mental Illness To Mental Health, 2022)



2021: Special Presidential Commendation Award: “In recognition of their worldwide efforts to assist people living with mental illness recover and live meaningful, productive lives, I am pleased to present this presidential commendation to Clubhouse International,” - Jeffrey Geller, MD, President



2021: The WHO Guidance on community mental health services: Promoting person-centered and rights-based approaches is a set of publications that provides information and support to all stakeholders who wish to develop or transform their mental health system and services to align with international human rights standards including the UN Convention on the Rights of Persons with Disabilities. : Good Practices Services that Promote Rights and Recovery - Phoenix Clubhouse



Clubhouse International

Creating Community: Changing the World of Mental Health

The Problem:



1 in 4 People

Suffer from mental disorders – more than cancer, diabetes or heart disease

What It Means:

teens



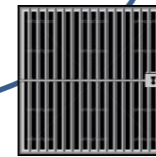
= Young People at Risk

50% of those who will ever be diagnosed with a mental disorder show signs of the disease by age 14 – 75% by age 25



= 1 suicide every 90 seconds

Every day, nearly 2,200 people in the world – some 800,000 each year – die by suicide



= Crowded Prisons

360,000 people with mental illness are living in US prisons, only 35,000 in hospitals



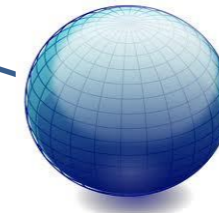
= Inadequate Care

Mental illness accounts for 20% of the global burden of disease, but only 3% of the world's healthcare budgets



= Global Economic Impact

\$2.7 trillion/year today... \$6 trillion by 2030
26% of all time lost to disability – more than any other kind of disease



= Global Human Impact

450 million people worldwide suffer from mental disorders

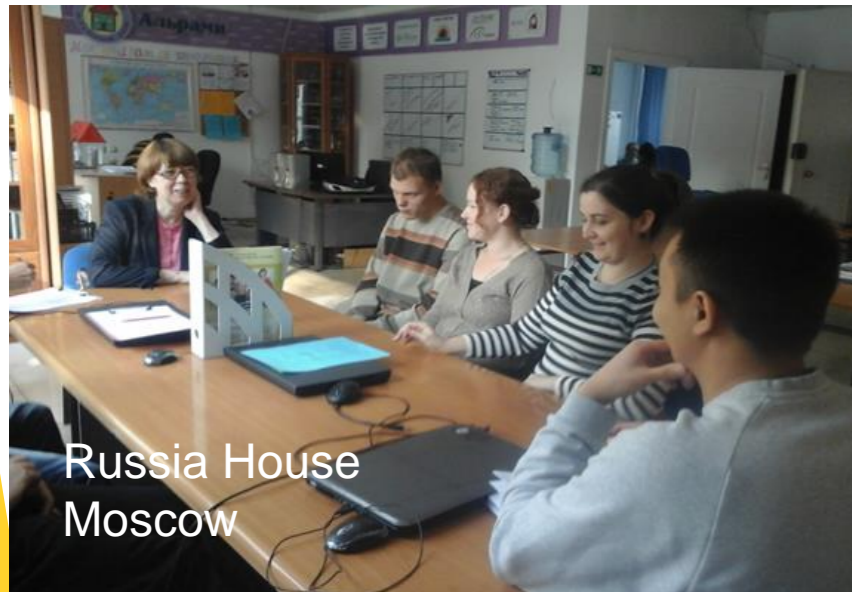
What is a Clubhouse Program?

- ▶ A Clubhouse is an intentional evidence based working community that supports and empowers people living with serious mental illness to participate in their own recovery process by working and socializing together in a safe and welcoming space.
- ▶ A Clubhouse provides a restorative environment for people whose lives have been severely disrupted because of their mental illness in which the community is committed to one another's success.
- ▶ We believe that mental illness is treatable.
- ▶ Today there 340 member Clubhouses in 34 countries, 36 US states + DC and currently more than 60 new Clubhouse Start-up Groups



What is a Clubhouse Program?

- ▶ A Clubhouse is a membership organization. The people who come and participate in a Clubhouse are its members. It operates on proven standards developed by Clubhouses and effective in over 300 Clubhouses worldwide.
- ▶ During the course of their participation members gain access to opportunities to rejoin the worlds of friendships, family, employment and education; members receive the services and support they need to continue their recovery. Clubhouse takes a community-based approach to complement available treatments



- ▶ This idea of membership is fundamental to the programs concept: being a member of an organization means that an individual has both shared ownership and shared responsibility for the success of that organization.



Clubhouse International

Creating Community: Changing the World of Mental Health

The Solution:

Since 1994, Clubhouse International has succeeded in creating something that didn't exist before: a worldwide community that is changing the world of mental health. Through local Clubhouses around the world, we offer people living with mental illness opportunities for friendship, employment, housing, education, and access to medical and psychiatric services in a single caring and safe environment – so they can become productive and respected members of society.



Meaningful Work

- ▶ The daily work of the Clubhouse community is organized and carried out in a way that continually reinforces the message of belonging. The design of a Clubhouse engages members in every aspect of its operation, and there is always much more work to be done than can be accomplished by the few employed staff.
- ▶ Clubhouses are organized around a belief that work, and work-mediated relationships, are restorative and provide a firm foundation for growth and important individual achievement.



Meaningful Work



► Participation is voluntary, but each member is always invited to participate in work which includes clerical duties, reception, food service, transportation management, outreach, maintenance, research, managing the employment and education programs, financial services and much more.



Meaningful Relationships

- ▶ Clubhouse members and staff working side by side developing meaningful relationships is central to the Clubhouse rehabilitation system.
- ▶ Because the design of a Clubhouse is much like a typical work or business environment, relationships develop in much the same
- ▶ Working closely together each day, members and staff learn of each others' strengths, talents and abilities.
- ▶ Reaching out to members in isolation utilizing relationships to help members overcome anxiety, take risks, and take advantage of opportunities (employment, education, and housing)



- ▶ My Journey at Milestone: April's Story
- ▶ A member is:
 - A valued participant with something to contribute
 - A colleague
 - A critical part of a community engaged in important
 - Welcome, wanted, needed, and expected each day



Staff and other members greet each person at the door of the Clubhouse each morning with a smile and words of welcome. The skills, talents, and creative ideas and efforts of each member are needed and encouraged each day creating a place to belong and find meaningful work.



Journey with Us. Inspire a hopeful tomorrow.

