HOUSE BILL No. 2367

By Committee on Federal and State Affairs

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AN ACT concerning insurance; providing coverage for autism spectrum disorder; amending K.S.A. 2008 Supp. 40-2,103, 40-2,105, 40-2,105a and 40-19c09 and repealing the existing sections.

Be it enacted by the Legislature of the State of Kansas:

New Section 1. (a) (1) Any individual or group health insurance policy, medical service plan, contract, hospital service corporation contract, hospital and medical service corporation contract, fraternal benefit society or health maintenance organization which provides coverage for accident and health services and which is delivered, issued for delivery, amended or renewed on or after July 1, 2009, shall provide coverage for the diagnosis and treatment of autism spectrum disorders in any covered individual.

- (2) Such coverage shall be provided in a manner determined in consultation with the autism services provider and the patient. Services provided by an autism services provider under this section shall be limited to those services prescribed by a licensed physician or a licensed psychologist. Such coverage may be subject to appropriate annual deductibles and coinsurance provisions as are consistent with those established for other physical illness benefits under the plan or coverage.
- (b) Each individual or group health insurance policy, medical service plan, contract, hospital service corporation contract, hospital and medical service corporation contract, fraternal benefit society or health maintenance organization which provides coverage for accident and health services and which provides medical and surgical benefits shall provide written notice, as currently required, to all enrollees, insureds or subscribers regarding the coverage required by this section.
- (c) No individual or group health insurance policy, medical service plan, contract, hospital service corporation contract, hospital and medical service corporation contract, fraternal benefit society or health maintenance organization which provides coverage for accident and health services and which provides coverage with respect to an autism spectrum disorder shall:
- (1) Deny to a patient eligibility, or continued eligibility, to enroll or to renew coverage, solely for the purpose of avoiding the requirements

of this section:

- (2) deny or refuse to issue coverage on, refuse to contract with, or refuse to renew, refuse to reissue or otherwise terminate or restrict coverage on an individual solely because the individual is diagnosed with an autism spectrum disorder;
- (3) deny or refuse to issue coverage on, refuse to contract with, or refuse to renew, refuse to reissue or otherwise terminate or restrict coverage on an individual diagnosed with an autism spectrum disorder solely on the basis coverage is necessary to develop, maintain or restore skills of such individual or on the basis coverage is necessary to prevent the loss of skills or functioning of such individual;
- (4) impose on the coverage required by this section any dollar limits, deductibles or coinsurance provisions that are less favorable to an insured than the dollar limits, deductibles or coinsurance provisions that apply to physical illness generally under the accident and sickness insurance policy;
- (5) impose on the coverage required by this section any limit upon the number of visits that a covered individual may make to an autism services provider; or
- (6) penalize or otherwise reduce or limit the reimbursement of an autism services provider, or provide incentives, monetary or otherwise, to an autism services provider for the purpose of inducing such autism services provider to provide care to covered individuals in a manner inconsistent with this section.
- (d) For any employers that have more than 50 eligible employees, coverage for applied behavior analysis shall be subject to a maximum benefit of \$75,000 per year through age 21.
- (e) (1) Any employer that has 50 or fewer employees shall have the option to exclude the coverage required by this section from any health benefit plan, as such term is defined in K.S.A. 40-2209d, and amendments thereto, offered to such employees.
- (2) Any individual with an individually underwritten health insurance policy shall have the option to exclude the coverage required by this section from such policy.
- (f) The provisions of this section shall not apply to any policy or certificate which provides coverage for any specified disease, specified accident or accident only coverage, credit, dental, disability income, hospital indemnity, long-term care insurance as defined by K.S.A. 40-2227, and amendments thereto, vision care or any other limited supplemental benefit nor to any medicare supplement policy of insurance as defined by the commissioner of insurance by rule and regulation, any coverage issued as a supplement to liability insurance, workers' compensation or similar insurance, automobile medical-payment insurance or any insurance under which benefits are payable with or without regard to fault, whether

written on a group, blanket or individual basis.

- (g) This section shall not be construed as limiting benefits that are otherwise available to an individual under a health coverage plan.
 - (h) For the purposes of this section:
- (1) "Applied behavior analysis" means the design, implementation and evaluation of environmental modifications, using behavioral stimuli and consequences, to produce socially significant improvement in human behavior, including the use of direct observation, measurement and functional analysis of the relations between environment and behavior.
- (2) "Autism services provider" means any person, entity or group that provides treatment of any autism spectrum disorder.
- (3) "Autism spectrum disorder" means the following disorders within the autism spectrum: Autistic disorder, Asperger's syndrome and pervasive developmental disorder not otherwise specified, as such terms are specified in the diagnostic and statistical manual of mental disorders, fourth edition, text revision (DSM-IV-TR), of the American psychiatric association, as published in May, 2000, or later versions as established in rules and regulations adopted by the behavioral sciences regulatory board pursuant to K.S.A. 74-7507 and amendments thereto.
- (4) "Diagnosis of autism spectrum disorder" means any medically necessary assessment, evaluation or test to determine whether an individual has an autism spectrum disorder.
- (5) "Eligible employee" shall have the meaning ascribed to such term in K.S.A. 40-2209d and amendments thereto.
- (6) "Habilitative or rehabilitative care" means and includes any professional, counseling and guidance service and treatment program, including applied behavior analysis, that is necessary to develop, maintain and restore, to the maximum extent possible, the functioning of an individual.
- (7) "Insurer" shall have the meaning ascribed to it in K.S.A. 40-2118 and amendments thereto.
- (8) "Pharmacy care" means medications prescribed by a licensed physician and any health-related services deemed medically necessary to determine the need or effectiveness of the medications.
- (9) "Psychiatric care" means any direct or consultative service provided by a psychiatrist licensed in the state in which the psychiatrist practices.
- (10) "Psychological care" means direct or consultative services provided by a psychologist licensed in the state in which the psychologist practices.
- (11) "Therapeutic care" means services provided by licensed or certified speech therapists, occupational therapists or physical therapists.
- (12) "Treatment for autism spectrum disorder" includes all medically

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necessary services as determined by a licensed physician or a licensed psychologist, including, but not limited to: 2

- Habilitative or rehabilitative care;
- (B) pharmacy care; 4
 - (C) psychiatric care;
- psychological care; and 6 (\mathbf{D})
 - (\mathbf{E}) therapeutic care.
 - The provisions of this section shall be applicable to the Kansas state employees health care benefits program and municipal funded pools.
 - The provisions of K.S.A. 40-2249a, and amendments thereto, shall (j) not apply to the provisions of this section.
 - (k) Except for inpatient services, if a covered individual is receiving treatment for any autism spectrum disorder, an insurer will have the right to request a review of that treatment not more than once every 12 months unless the insurer and the individual's licensed physician or licensed psychologist agrees that a more frequent review is necessary. The cost of obtaining any review shall be borne by the insurer.
 - (l) On or before November 30, 2009 and annually on each November 30 thereafter, the commissioner of insurance shall adjust the maximum benefit for inflation by using the medical care component of the United States department of labor consumer price index for all urban consumers. The commissioner shall submit the adjusted maximum benefit for publication in the Kansas register annually no later than December 10 of each calendar year beginning with 2009, and the published adjusted maximum benefit shall be applicable on and after January 1 of the following year to each individual or group health insurance policy, medical service plan, contract, hospital service corporation contract, hospital and medical service corporation contract, fraternal benefit society or health maintenance organization which provides coverage for accident and health services.
 - (m) (1) Upon an insurer's denial of a claim by a covered individual for diagnostic assessment of any autism spectrum disorder or for treatment of any autism spectrum disorder, such covered individual or such covered individual's authorized representative shall be entitled to an expedited internal review process, followed by an independent expedited external review process established and administered by the insurance department. The independent expedited external review process shall be provided in substantial compliance with the procedure established in K.S.A. 40-22a13 et seq. as amended and supplemented.
 - (2) The decision resulting from the independent external review process may be appealed in the manner provided in K.S.A. 40-22a16 and amendments thereto. Pending a final decision of the district court, the

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insurer shall pay for those covered services previously denied and any additional services authorized by the district court.

(n) This section shall be known and may be cited as the accessing autism services act.

Sec. 2. K.S.A. 2008 Supp. 40-2,103 is hereby amended to read as

follows: 40-2,103. The requirements of K.S.A. 40-2,100, 40-2,101, 40-2,102, 40-2,104, 40-2,105, 40-2,114, 40-2,160, 40-2,165 through 40-2,170, inclusive, 40-2250, K.S.A. 2008 Supp. 40-2,105a and 40-2,105b, 40-2,105b and section 1, and amendments thereto, shall apply to all insurance policies, subscriber contracts or certificates of insurance delivered, renewed or issued for delivery within or outside of this state or used within this state by or for an individual who resides or is employed in this state. Sec. 3. K.S.A. 2008 Supp. 40-2,105 is hereby amended to read as follows: 40-2,105. (a) On or after the effective date of this act, every insurer which issues any individual or group policy of accident and sickness insurance providing medical, surgical or hospital expense coverage for other than specific diseases or accidents only and which provides for reimbursement or indemnity for services rendered to a person covered by such policy in a medical care facility, must provide for reimbursement or indemnity under such individual policy or under such group policy, except as provided in subsection (d), which shall be limited to not less than 30 days per year when such person is confined for treatment of alcoholism, drug abuse or nervous or mental conditions in a medical care facility licensed under the provisions of K.S.A. 65-429 and amendments thereto, a treatment facility for alcoholics licensed under the provisions of K.S.A. 65-4014 and amendments thereto, a treatment facility for drug abusers licensed under the provisions of K.S.A. 65-4605 and amendments thereto, a community mental health center or clinic licensed under the provisions of K.S.A. 75-3307b and amendments thereto or a psychiatric hospital licensed under the provisions of K.S.A. 75-3307b and amendments thereto. Such individual policy or such group policy shall also pro-

(d), of the costs of treatment of such person for alcoholism, drug abuse and nervous or mental conditions, limited to not less than 100% of the first \$100, 80% of the next \$100 and 50% of the next \$1,640 in any year and limited to not less than \$7,500 in such person's lifetime, in the facilities enumerated when confinement is not necessary for the treatment or by a physician licensed or psychologist licensed to practice under the laws of the state of Kansas.

vide for reimbursement or indemnity, except as provided in subsection

(b) For the purposes of this section "nervous or mental conditions" means disorders specified in the diagnostic and statistical manual of mental disorders, fourth edition, (DSM-IV, 1994) of the American psychiatric association text revision (DSM-IV-TR) of the American psychiatric asso-

ciation, as published in May 2000, or later versions as established in rules and regulations adopted by the behavioral sciences regulatory board pursuant to K.S.A. 74-7507, and amendments thereto, but shall not include conditions:

- (1) Not attributable to a mental disorder that are a focus of attention or treatment (DSM-IV, 1994); and
- (2) defined as a mental illness in K.S.A. 2008 Supp. 40-2,105a and amendments thereto.
- (c) The provisions of this section shall be applicable to health maintenance organizations organized under article 32 of chapter 40 of the Kansas Statutes Annotated.
- (d) There shall be no coverage under the provisions of this section for any assessment against any person required by a diversion agreement or by order of a court to attend an alcohol and drug safety action program certified pursuant to K.S.A. 8-1008 and amendments thereto or for evaluations and diagnostic tests ordered or requested in connection with criminal actions, divorce, child custody or child visitation proceedings.
- (e) The provisions of this section shall not apply to any medicare supplement policy of insurance, as defined by the commissioner of insurance by rule and regulation.
- (f) The provisions of this section shall be applicable to the Kansas state employees health care benefits program developed and provided by the Kansas state employees health care commission.
- (g) The outpatient coverage provisions of this section shall not apply to a high deductible health plan as defined in federal law if such plan is purchased in connection with a medical or health savings account pursuant to that federal law, regardless of the effective date of the insurance policy. After the amount of eligible deductible expenses have been paid by the insured, the outpatient costs of treatment of the insured for alcoholism, drug abuse and nervous or mental conditions shall be paid on the same level they are provided for a medical condition, subject to the yearly and lifetime maximums provided in subsection (a).
- Sec. 4. K.S.A. 2008 Supp. 40-2,105a is hereby amended to read as follows: 40-2,105a. (a) (1) Any group health insurance policy, medical service plan, contract, hospital service corporation contract, hospital and medical service corporation contract, fraternal benefit society or health maintenance organization which provides coverage for mental health benefits and which is delivered, issued for delivery, amended or renewed on or after January 1, 2002, shall include coverage for diagnosis and treatment of mental illnesses. Except as provided in paragraph (2), such coverage shall be subject to the same deductibles, coinsurance and other limitations as apply to other covered services.
- (2) The coverage required by paragraph (1) shall include annual cov-

erage for both 45 days of in-patient care for mental illness and for 45 visits for out-patient care for mental illness.

- (b) Notwithstanding the provisions of K.S.A. 40-2249a, and amendments thereto, the state insurance department shall deliver to the president of the senate and to the speaker of the house of representatives on or before January 1, 2003, a report indicating the impact of providing mental illness benefits required by this act. Such report shall include information regarding access to and usage of such services and the cost of such services.
- (c) For the purposes of this section, "mental illness" means the following: Schizophrenia, schizoaffective disorder, schizophreniform disorder, brief reactive psychosis, paranoid or delusional disorder, atypical psychosis, major affective disorders (bipolar and major depression), cyclothymic and dysthymic disorders, obsessive compulsive disorder, panic disorder, pervasive developmental disorder, including autism, attention deficit disorder and attention deficit hyperactive disorder as such terms are defined in the diagnostic and statistical manual of mental disorders, fourth edition, (DSM-IV, 1994) of the American psychiatric association, as published in May 2000, or later versions as established in rules and regulations adopted by the behavioral sciences regulatory board pursuant to K.S.A. 74-7507, and amendments thereto, but shall not include conditions not attributable to a mental disorder that are a focus of attention or treatment.
- (d) The provisions of this section shall be applicable to health maintenance organizations organized under article 32 of chapter 40 of the Kansas Statutes Annotated.
- (e) The provisions of this section shall not apply to any medicare supplement policy of insurance, as defined by the commissioner of insurance by rule and regulation.
- (f) The provisions of this section shall be applicable to the Kansas state employees health care benefits program and municipal funded pools.
- (g) The provisions of this section shall not apply to any policy or certificate which provides coverage for any specified disease, specified accident or accident only coverage, credit, dental, disability income, hospital indemnity, long-term care insurance as defined by K.S.A. 40-2227 and amendments thereto, vision care or any other limited supplemental benefit nor to any medicare supplement policy of insurance as defined by the commissioner of insurance by rule and regulation, any coverage issued as a supplement to liability insurance, workers compensation or similar insurance, automobile medical-payment insurance or any insurance under which benefits are payable with or without regard to fault, whether

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written on a group, blanket or individual basis.

- (h) From and after January 1, 2002, the provisions of K.S.A. 40-2,105, and amendments thereto, shall not apply to mental illnesses as defined in this act.
- (i) There shall be no coverage under this section for evaluations and diagnostic tests ordered or requested in connection with criminal actions, divorce, child custody or child visitation proceedings.
- 8 Sec. 5. K.S.A. 2008 Supp. 40-19c09 is hereby amended to read as 9 follows: 40-19c09. (a) Corporations organized under the nonprofit med-10 ical and hospital service corporation act shall be subject to the provisions 11 of the Kansas general corporation code, articles 60 to 74, inclusive, of 12 chapter 17 of the Kansas Statutes Annotated, applicable to nonprofit corporations, to the provisions of K.S.A. 40-214, 40-215, 40-216, 40-218, 40-13 14 219, 40-222, 40-223, 40-224, 40-225, 40-226, 40-229, 40-230, 40-231, 40-15 235, 40-236, 40-237, 40-247, 40-248, 40-249, 40-250, 40-251, 40-252, 16 40-254, 40-2,100, 40-2,101, 40-2,102, 40-2,103, 40-2,104, 40-2,105, 40-17 2,116, 40-2,117, 40-2,153, 40-2,154, 40-2,160, 40-2,161, 40-2,163 through 18 40-2,170, inclusive, 40-2a01 et seq., 40-2111 to 40-2116, inclusive, 40-19 2215 to 40-2220, inclusive, 40-2221a, 40-2221b, 40-2229, 40-2230, 40-20 2250, 40-2251, 40-2253, 40-2254, 40-2401 to 40-2421, inclusive, and 40-21 3301 to 40-3313, inclusive, K.S.A. 2008 Supp. 40-2,105a and 40-2,105b, 22 40-2,105b and section 1, and amendments thereto, except as the context 23 otherwise requires, and shall not be subject to any other provisions of the 24 insurance code except as expressly provided in this act.
 - (b) No policy, agreement, contract or certificate issued by a corporation to which this section applies shall contain a provision which excludes, limits or otherwise restricts coverage because medicaid benefits as permitted by title XIX of the social security act of 1965 are or may be available for the same accident or illness.
- 30 (c) Violation of subsection (b) shall be subject to the penalties pre-31 scribed by K.S.A. 40-2407 and 40-2411, and amendments thereto.
- 32 Sec. 6. K.S.A. 2008 Supp. 40-2,103, 40-2,105, 40-2,105a and 40-33 19c09 are hereby repealed.
- Sec. 7. This act shall take effect and be in force from and after its publication in the statute book.