## SENATE BILL No. 241

By Committee on Ways and Means

2-9

9 AN ACT enacting the special education seclusion and restraint modern-10 ization and parental support act; requiring certain annual 11 appropriations.

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Be it enacted by the Legislature of the State of Kansas:

Section 1. This act shall be known and referred to as the special education seclusion and restraint modernization and parent support act. The purpose of this statute is:

- (a) To ensure that every student receiving special education and related services is free from the unreasonable, unsafe and unwarranted use of restraint practices; and
- (b) to encourage the use of positive behavioral support methods in schools and to develop a well-trained staff in order to reduce the emergence of unsafe situations in which seclusion and restraint practices may be used.
  - Sec. 2. As used in this act:
- (a) "Locked seclusion room" means a locked box, locked closet, locked room or any other locked structure.
- (b) "Seclusion room" means a room that is unlocked and monitored but is designed to isolate a person and is at least 50 square feet, free of any condition that could be a danger to the student, well ventilated and sufficiently lighted.
- (c) "Extended seclusion" means use of a seclusion room for a period longer than one minute for every year of the student's age.
- (d) "Timeout" means a behavior management technique that involves removing a student from sources of reinforcement following an inappropriate behavior for a limited period of time that does not involve the use of a seclusion room.
- (e) "Restraint" means any physical method of restricting a person's freedom of movement, physical activity or normal access to the person's body.
- 40 (f) "Mechanical restraint" means the use of any device or object, in-41 cluding, but not limited to:
  - (1) Tape;
  - (2) blankets;

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- (3) tiedowns; and
- (4) body carrier; which limit a person's body movement, except that protective or stabilizing devices ordered by a physician shall not be considered to be a mechanical restraint when used in the manner in which the device is prescribed.
- (g) "Physical restraint" means the use of bodily force to limit a student's freedom of movement or action, except that consensual, solicited or unintentional touching shall not be construed to be physical restraints.
- (h) "Extended restraint" means a physical restraint, the duration of which is more than five minutes, or the use of restraint more than once in a school day.
- (i) "Chemical restraint" means the administration of medication for the purpose of restraint.
- (j) "School day" means any day or partial day that students are in attendance at an accredited education program for instructional purposes.
- (k) "Human rights committee" means a committee each school district board shall establish that reviews documentation of the use of seclusion rooms and restraint which is composed of family members of students with disabilities who receive special education and related services, advocacy representatives and school district employees.
- (l) "School employees" means teachers, administrators and support staff employed by a school or special education cooperative.
- (m) "Positive behavior support" means a school-wide approach to preventing and responding to problem behavior that:
  - (1) Is proactive and instructional, rather than reactive and punitive;
  - (2) operates on the following three levels:
  - (A) Individual;
- 28 (B) group or classroom;
- 29 (C) and the whole school; and
- 30 (3) includes a system of continual data collection;
- 31 (4) utilizes data-based decision-making; and
  - (5) applies research-validated positive behavioral interventions.
- 33 Sec. 3. (a) Every student who receives special education and re-34 lated services has the right to be free from unnecessary seclusion or 35 restraint.
  - (b) No student shall at any time be placed in a locked seclusion room.
  - (c) The use of a seclusion room is permitted only if:
- 38 (1) The student poses an imminent risk of substantial physical harm 39 to self or others:
  - (2) there is no medical contraindication for its use;
- 41 (3) staff using seclusion has been trained to safely implement the 42 intervention;
- 43 (4) the space is unlocked and there is no physical impediment to the

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exit of the room;

- (5) school staff is in visual contact with the student at all times, not to exceed a distance of two feet from the room;
- (6) the duration is limited to one minute or less per year of age of the student. Durations greater than this amount shall be considered extended seclusion and are permissible only by following the requirements of this act:
- (7) prior written parental consent has been obtained including the specific behaviors that will result in use of a seclusion room; and
- (8) use of a seclusion room is expressly included in the child's individual education plan (IEP).

Any other use of a seclusion room is prohibited.

- (d) Use of extended seclusion requires:
- (1) Additional written documentation and justification that includes the alternatives to extended restraint that were attempted, the outcome of those efforts, and the justification for administering the extended restraint; and
- (2) if the extended seclusion is used more than two times in a month, the IEP team will be convened. This team meeting will examine changes to the behavioral intervention plan to prevent the need for future extended seclusion and potential referrals to mental health or outside professionals and agencies to help address the behaviors that led to use of extended seclusion.
- (e) (1) The use of chemical restraints is prohibited in public education programs.
- (2) The use of mechanical restraints is prohibited in public education programs.
  - (3) The use of physical restraint is limited to times when:
- (A) The student poses an imminent risk of substantial physical harm to self or others;
  - (B) there is no medical contraindication for its use;
- (C) the staff applying restraint have been trained to safely implement the intervention;
- (D) a person administering a physical restraint shall use the least amount of force necessary to protect the student or others from physical injury or harm. It must be performed in a manner that is safe, proportionate, appropriate to the severity of the behavior, and the student's chronological and developmental age, size, gender, physical, medical, psychiatric condition and personal history including any history of emotional trauma, physical abuse or sexual abuse;
  - (E) supporting documentation is completed within 24 hours; and
- 42 (F) use of restraint is on the student's behavior intervention plan, 43 noting specific behaviors that will warrant the use of the seclusion room

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and it is incorporated into the individual education plan.

- Physical restraint is prohibited as a means of punishment or as a response to:
  - Insubstantial property destruction; (A)
  - disruption of school order; (B)
- a student's refusal to comply with a school rule or staff directive; 6 or
  - (D) verbal threats that do not constitute a threat of imminent, serious physical harm.
  - Sec. 4. (a) Only school personnel who have received training pursuant to this section may administer physical restraint on students.
  - The administration of a restraint shall be witnessed by at least one adult who does not participate in the restraint.
  - This section does not preclude school staff from using reasonable force to protect students, other persons or themselves from assault or imminent, serious, physical harm.
  - (d) A person administering physical restraint shall use the safest method available and appropriate to the situation subject to the safety requirements set forth in this statute.
  - (e) No restraint shall be administered in such a way that a student is prevented from breathing or speaking.
  - During the administration of the restraint, a staff member who is not involved in the restraint shall monitor the physical status of the student and teacher, including skin color and respiration.
  - The restraint shall be immediately released upon a determination by a staff member that the student is no longer likely to cause imminent physical harm to self or others.
  - (h) Restraint shall be administered in such a way so as to prevent or minimize physical harm. If, at any time, the student demonstrates significant physical distress, the student shall be released from the restraint immediately, and medical assistance shall be sought.
  - Sec. 5. (a) Circumstances under which a physical restraint or seclusion was used must be reported to the parent. Program staff shall report the use of any physical restraint or extended seclusion to the building administrator or designee, immediately.
  - (b) The building administrator, or designee, shall immediately contact the student's parents to inform them of the intervention and mail written follow-up notification within 24 hours that includes a specific person to contact for more details.
  - A form documenting the use of a seclusion room or physical restraint must be completed and sent to the building administrator, the parents and the human rights committee within 24 hours of each incident.
- The documentation shall include: 43

- (1) The names and job titles of the staff who administered the restraint, any witnesses, and the name of the administrator or designee who was informed following the seclusion or restraint, and time contacted;
- (2) the date of the seclusion or restraint, the time of initiation, ending time, duration and location of the intervention;
- (3) a description of the antecedents that immediately preceded the use of seclusion or restraint and the specific behavior being addressed;
- (4) the alternative methods used to de-escalate the situation prior to the use of the seclusion or restraint;
- (5) how the restraint ended, including physical or mental injuries, to the student, staff or both, and any medical care provided;
- (6) suggestions for strategies to be used in future incidents to avoid the use of seclusion and restraint;
- (7) the signature of the person initiating the action and a witness of the intervention technique used;
  - (8) the date and time that parental notification took place;
- (9) information regarding future opportunities for the student's parents to discuss with school officials the administration of the restraint or seclusion; and
- (10) the names and phone numbers of the protection and advocacy system designated by the governor pursuant to federal law, the designated Kansas parent training and information center for children with disabilities and the designated Kansas statewide family network for children with serious emotional disabilities.
- $\left(d\right)$  For extended seclusion or physical restraint, the supporting documentation must include:
- (1) The outcome of the alternatives attempted and the justification for administering the extended seclusion or restraint;
- (2) documentation of the time the building administrator authorized the use of the extended intervention; and
- (3) documentation of the results of the IEP meeting convened to identify the need for behavioral therapy or mental health services if the use of extended seclusion and restraint exceeds two times in one month.
- Sec. 6. On a quarterly basis, the state department of education shall collect and compile the data regarding the use of seclusion and restraint and report the data to the state advisory council for special education established pursuant to K.S.A. 72-964, and amendments thereto. This information must also be made readily available to the public. The council shall use this information to report to the state board of education with recommendation on systemic change needed to reduce the use of seclusion and restraint in public education programs. The state board of education shall use these recommendations as well as the data, documentations as the data and the latitude of the lati
- 43 tation and reports to annually recommend to the legislature strategies or

policies to reduce or eliminate the use of seclusion and restraint in schools. The data and documentation shall include at least:

- (a) The number of incidents involving the use of these interventions;
- (b) the location and duration of each incident, identifying both specific schools and districts;
  - (c) any injuries or property damage that occurred; and
  - (d) the timeliness of parental notification and administrative review.
  - Sec. 7. (a) Before using restraint and seclusion, school staff must receive specialized individual training and demonstrate competency. This training shall include, but not be limited to:
- 11 (1) An understanding of the basis for rules governing seclusion and 12 restraint;
  - (2) the safe administration of seclusion and restraint practices;
  - (3) addressing physical safety issues that may arise during the administration of emergency measures;
  - (4) identifying the effects of physical restraint on the person restrained, monitoring physical signs of distress, and obtaining medical assistance:
  - (5) simulated experience of administering and receiving physical restraint and its effects on the person restrained;
    - (6) instruction in documenting and reporting requirements; and
  - (7) the proper use of positive behavior supports and techniques and strategies designed to minimize and prevent the need for usage of restraint and seclusion.
  - (b) only school personnel who have received this training shall administer physical restraint or use seclusion rooms with students.
  - Sec. 8. It shall be the policy of the state of Kansas that school districts are encouraged to implement positive behavior supports and other evidence-based practices to address the needs of students who receive special education and related services.
  - (a) The state board of education shall offer assistance to local boards of education with implementing plans. An effective positive behaviors support plan:
  - (1) Is developed in cooperation with administrators, teachers, and parents, and at their discretion, students;
  - (2) establishes a behavior support team to direct the implementation of the positive behaviors support plan at each school and that the team include parents of students at the school as well as school employees as team members;
  - (3) provides for an initial assessment of the status of behavior and discipline in the school;
- 42 (4) clearly defines short and long-term goals for improving school 43 behavior and discipline based on objective criteria;

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- establishes implementation procedures based on the goals of the plan and the status of behavior and discipline as initially assessed;
- includes a timeline for comprehensive training of a sufficient number of school employees, beginning with members of the school-wide behavior support team, in the use of positive behaviors support by recognized instructors in positive behaviors support;
- (7) includes the selection of a data system that allows continual and efficient monitoring and evaluation of the effectiveness of the implementation of the school-wide system of discipline.
  - Sec. 9. The Kansas state department of education shall annually grant \$400,000 each to the protection and advocacy system designated by the governor pursuant to federal law, the designated Kansas parent training and information center for children with disabilities, and the designated Kansas statewide family network for children with serious emotional disabilities. These entities shall use the appropriation to train parents on the rights and limitations of special education law, individual and group rights consultation, legal advocacy services, assistance with individual education plan development and meetings, services and supports, and proactive measures to inform parents and participate with parents and their children to make the special education process less adversarial.
  - Sec. 10. (a) Nothing in this act shall be construed to limit the protection afforded publicly funded students under other state or federal laws.
  - If anything in this act shall be deemed unconstitutional, the un-(b) constitutional section shall be severed from the rest of the statute without affecting the constitutionality of the act as a whole.
  - Authority to implement this statute is vested in the state board of education. Authority to implement other rules and regulations and policies that fall within the confines of this act is also vested in the state board of education.
- 32 (d) The Kansas state board of education is authorized to make rules 33 and regulations and implement them in order to ensure enforcement of
- 35 Sec. 11. This act shall take effect and be in force from and after January 1, 2006 and its publication in the statute book.