

Fairness in Women's Sports Act

To the Senate Education Committee,

As a family physician, previous high school athlete and parent of a high school female student athlete, I support legislation that maintains a level playing field for girls' athletics. Across the country there are many states who do not have this protection in place and girls are being pushed out of their own sports by biological males. We need to preserve women and girls' ability to benefit from athletic competition. I have already seen what participating in sports has done for my 15 year old. She is gaining leadership skills, healthy exercise habits, and building her character. I would love to see this opportunity for all biological females.

A recent study cited in the British Sports Medical Journal states "transwomen still had a 9% faster mean run speed after the 1 year period of testosterone suppression that is recommended by World Athletics for inclusion in women's events." [1] This demonstrates that biological males maintain an athletic advantage over girls. We need to keep the competition fair and equal. Competition in women's athletics by non females should not be tolerated.

If you have any questions, please do not hesitate to reach out.

Sheryl Beard, MD
Andover, Kansas
Family Physician
Mother of female high school athlete
Previous high school athlete

1. Roberts TA, Smalley J, Ahrendt D,
Effect of gender affirming hormones on athletic performance in transwomen and transmen:
implications for sporting organisations and legislators;
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