

February 11, 2020

Re: HB 2601

Dear Education Committee Members,

My husband and I have three healthy children ages 10,8 and 6. Before our first was born, we started learning more about vaccines and the risk that they can pose. We therefore also began learning about the diseases that the vaccines were supposed to protect against. Slowly we began to understand that many of the childhood diseases that vaccines were developed for had very minor symptoms that could be treated at home with not much more than rest and healthy/nutritious food.

We ultimately decided to learn how to support the immune system and build a healthy body, taking a proactive approach in our children's health vs reactive.

We also learned how natural immunity was much effective than the chance of immunity with a vaccine.

Our bodies were designed with mechanisms in place to fight off germs. By injecting vaccines the natural immune systemology is bypassed.

We realize that there is risk either way...vaccinating vs not vaccinating...and with risk there should be choice.

We are friends with many parents who have chosen to vaccinate their children and another thing we have noticed is that those kids who have received vaccinations are sick a whole lot more often than our kids. We have experienced very minimal sickness in our household over the years and I contribute much of that to learning about how to build the immune system by what we eat and how we live our daily lives.

Instead of mandating vaccinations, we should be educating parents on how to keep their children healthy....by teaching about nutrient dense foods, the importance of daily sunshine and outside time, the importance of sleep, the benefits of reduced stress, etc.

Kelly Fischer
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