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**Community Mental Health Center Collaboration Model** 

**November 2016** 

## **Background**



- CMHCs are crucial to the provider infrastructure and service delivery across the state of Kansas
  - Beyond delivery of vital behavioral health and related services, they are a trusted resource and a key influence in their communities
  - They have developed creative approaches to integrating primary and behavioral care, critical to the individuals that they serve
  - They are poised to support broader innovations in the delivery system
- At the end of 2015, we began exploring how our organizations could work more effectively together to address the many opportunities to improve outcomes for our collective consumers
- These initial discussions have resulted in a collaboration model that we believe may be a best practice in improving organizational engagement as well as program quality

## Results



- The collaboration has already driven a number of operational improvements including:
  - Reduction of prior authorization requirements
  - Development of a daily census report that helps us all better support KanCare participants experiencing a psychiatric hospitalization
- While many of the initiatives are still in their infancy, we believe that we have some early wins, including:
  - Improved communication and problem solving
  - Framework from which to continue to innovate with current projects in the ideation phase
  - Appreciation of the synergy arising from our varied perspectives and experience in working with underserved populations
  - Quality Incentive Program that rewards the prevention, integration and community-based care
  - Improved program outcomes
    - Over a 10% improvement YTD in individuals receiving follow-up care within seven days after returning home from a psychiatric placement
    - Over a 3% improvement YTD of adults accessing primary care services
    - Overall 2.5% decrease in emergency department visits among TANF and CHIP with continued opportunities across other KanCare populations

## **Goals for the Future**



As we continue to build our collaborative model, we look forward to developing additional capabilities that may include:

- Evolution of the Quality Incentive Program
- Enhanced service array achieved through valued added or other services
- Collaborative data modeling to drive future improvements

## **Key Values of This Partnership**



- Identification of individual health challenges and subsequent coordination of care to meet benchmarks and help achieve collectively beneficial goals of consumers, providers like CMHCs and MCOs like Amerigroup.
- Innovation through the use of data and analysis. KDHE could provide encounter data information to a technology company which helps CMHCs collaborate with Amerigroup to improve health outcomes.
- Implementation of first generation performance-based or value-based contracting that can be a blue print for MCO/Provider partnerships in serving Kansans into the future.





**Questions?** 

