

Senate Federal and State Affairs Committee

Kansas Legislature

Thursday March 15, 2012

Hearing on SB No. 462 Kansas Cigarette and Tobacco Products Act

Prepared Testimony By:

Brad Rodu, DDS
Professor
Endowed Chair, Tobacco Harm Reduction Research
School of Medicine
University of Louisville

505 South Hancock Street, Room 208, Louisville, KY 40202 Phone: 502-852-7793; Fax: 502-852-7979; Email: brad.rodu@louisville.edu

Mr. Chairman and members of the committee, I am a professor of medicine, and I hold an endowed chair in tobacco harm reduction research at the University of Louisville. I am a board-certified oral and maxillofacial pathologist, and I was a faculty member at the University of Alabama Birmingham for 24 years. For the past 18 years, my research has focused on tobacco harm reduction, and I have published many studies in prestigious medical and scientific journals on this subject (1). I urge you to reject the provision of SB 462 that raises the tobacco products tax from 10% to 30% of wholesale price.

Excise taxes on tobacco products may be inevitable, but they don't have to be illogical. A common sense approach is to tax tobacco products according to risk.

According to a 2010 report from the Kansas Department of Health and Environment, cigarettes, widely acknowledged as the most dangerous products, are taxed at \$0.79 per pack, raising \$107 million annually (2). In contrast, the health impact of smokeless tobacco use is far lower; scientific and medical research has confirmed that smokeless tobacco use carries only about 2% of the risk of smoking. A rational tobacco tax policy would set taxes on smokeless products at 2% those of cigarettes. SB 462 would raise the tax on smokeless tobacco and erase any economic incentive for smokers to switch to a vastly safer product.

Despite limited success, the 40-year old American anti-smoking campaign is an astounding failure in one crucial respect: it has helped too few adult smokers to quit.

According to the CDC, smoking kills over 400,000 Americans every year, including 3,900 Kansans (3). These smokers were inveterate in the truest sense – they did not quit in time to avoid a deadly illness.

Most Americans understand that nicotine is addictive, but they don't realize that nicotine can be consumed about as safely as caffeine, another addictive drug enjoyed by millions of consumers (4). It is tobacco smoke that kills. Eliminate the smoke, and you eliminate virtually all the risk. This is the essence of harm reduction, which focuses on reducing disease and deaths, instead of eliminating tobacco and nicotine.

Smokeless tobacco has three attributes as a cigarette substitute. First, it delivers nicotine nearly as rapidly and as efficiently as smoking (4). Yes, it is just as addictive as smoking, which is why it is a great substitute. Second, no tobacco product is entirely safe, but, according to a 2002 report from Britain's prestigious Royal College of Physicians, smokeless is "10 to 1000 times less hazardous than smoking." (5) In fact, my research shows that the risk of death from long-term smokeless use is about the same as that from automobile use. Third, there is population-level evidence that smokeless is an effective cigarette substitute. I have published a series of scientific studies proving that smokeless is an effective substitute for cigarettes among Swedish men (6,7,8), who for many years have had the lowest smoking rate and the highest rate of smokeless tobacco use in Europe. In fact, over the past 20 years, men in northern Sweden have had lower rates of smoking than women, a pattern different from that of every other society in the world. Other research from Sweden has confirmed our findings (9,10).

The consequences of the Swedish experience are impressive: Lung cancer – the sentinel disease of smoking – among Swedish men is the lowest of 20 European countries. Not so for Swedish women, whose lung cancer rate ranks fifth highest in Europe. In a 2009 study published in the Scandinavian Journal of Public Health, I

estimated that 274,000 lives could be saved each year in the European Union if men in all EU countries had the smoking prevalence of Sweden (11).

In 2007, the Royal College of Physicians strongly encouraged governments to seriously consider harm reduction strategies to protect smokers (12). That report, which corroborates my position, "...demonstrates that smokers smoke predominantly for nicotine, that nicotine itself is not especially hazardous, and that if nicotine could be provided in a form that is acceptable and effective as a cigarette substitute, millions of lives could be saved." In other words, smokers need harm reduction, and harm reduction needs effective and acceptable cigarette substitutes.

Smokeless tobacco use is often portrayed as a potential problem for children, but this allegation is disingenuous. In Kansas, tobacco products are not sold to children. Last year the FDA released inspection results of over 2,000 tobacco retailers in the state; compliance was 99+% (13).

Raising the tax on smokeless tobacco products is not a rational policy, and it will ensure the continued market dominance of cigarettes by discouraging inveterate smokers from switching to vastly safer products.

Acknowledgment

My research is supported by unrestricted grants from tobacco manufacturers to the University of Louisville, and by matching funds from the Commonwealth of Kentucky Research Challenge Trust Fund. The terms of the grants from manufacturers assure that the grantors are unaware of the research projects and related activities, and thus have no scientific input or other influence with respect to design, analysis, interpretation or

preparation of work products. I have no financial or other personal relationship with regard to any tobacco manufacturer.

Notes and References

- Brad Rodu, Abridged Curriculum vitae available at:
 http://www.browncancercenter.org/patients-families/plan-your-visit/physicians-directory/?docId=1753
- Ayars CL, Park G. Tobacco Excise Tax Report, 2010. Kansas Department of Health and Environment, Tobacco Use Prevention Program. Available at: http://www.kdheks.gov/tobacco/download/TobaccoTaxReport.pdf
- 3. Centers for Disease Control and Prevention. Best Practices for Comprehensive

 Tobacco Control Programs—2007. Atlanta: U.S. Department of Health and Human

 Services, Centers for Disease Control and Prevention, National Center for Chronic

 Disease Prevention and Health Promotion, Office on Smoking and Health; October

 2007. Available at: ftp://ftp.cdc.gov/pub/fda/fda/BestPractices Complete.pdf
- 4. Rodu B, Godshall WT. Tobacco harm reduction: an alternative cessation strategy for inveterate smokers. *Harm Reduction Journal* 3: 37, 2006 (Open Access, available at http://www.harmreductionjournal.com/content/pdf/1477-7517-3-37.pdf)
- 5. Royal College of Physicians of London: Protecting Smokers, Saving Lives: The case for a Tobacco and Nicotine Authority, London. Available at:

 http://bookshop.rcplondon.ac.uk/details.aspx?e=185.

- 6. Rodu B, Stegmayr B, Nasic S, Asplund K: Impact of smokeless tobacco use on smoking in northern Sweden. *Journal of Internal Medicine* 252:398-404, 2002.
- 7. Rodu B, Stegmayr B, Nasic S, Cole P, Asplund K: Evolving patterns of tobacco use in northern Sweden. *Journal of Internal Medicine* 253:660-665, 2003.
- 8. Stegmayr B, Eliasson M, Rodu B: The decline of smoking in northern Sweden.

 Scandinavian Journal of Public Health 33:321-324, 2005.
- Furberg H, Lichtenstein P, Pedersen NL, Bulik C, Sullivan PF. Cigarettes and oral snuff use in Sweden: prevalence and transitions. *Addiction* 101: 1509-1515, 2006.
- Ramstrom LM, Foulds J. Role of snus in initiation and cessation of tobacco smoking in Sweden. *Tobacco Control* 15: 210-214, 2006.
- 11. Rodu B, Cole P. Lung cancer mortality: comparing Sweden with other countries in the European Union. *Scandinavian Journal of Public Health* 37: 481-486, 2009.
- 12. Royal College of Physicians. Harm reduction in nicotine addiction: helping people who can't quit. A report by the Tobacco Advisory Group of the Royal College of Physicians. London: RCP, 2007. Available at:

 http://bookshop.rcplondon.ac.uk/details.aspx?e=234 (Accessed March 22, 2011)
- 13. FDA Compliance Check Inspections of Tobacco Retailers, 2011. Available at: http://www.fda.gov/TobaccoProducts/GuidanceComplianceRegulatoryInformatio n/ucm232109.htm