

**January 26, 2022**  
**HB 2056**  
**Neutral**  
**Oral In-person**  
**Nick Reinecker**  
**Kansas Citizen**

**Senate Federal and State Affairs**

**Senator Rob Olson Chair**

Mr. Chairman and committee

Using ingredients to make food products for people to eat is something I have been doing professionally for the last 14 years. I believe that part of the problem with health is what we consume as food and/or nutrition. It is time the Kansas legislature takes a deep dive into the Food, Drug, and Cosmetic Act. It is, at times, incoherent, inconsistent, and does not provide, in my opinion, for optimal public health or safety.

Definitions in the F.D.C.A. used for food, drugs, supplements, etc. seem to be arbitrary and capricious, whether it is an energy drink able to be bought with SNAP assistance or a cannabis plant that is labeled as a controlled substance. The theme in some of this seems to be the intentional outlawing of naturally occurring substances, and then the basic monopolization of the synthetic substance that is able to be patented, subjectively 'purified,' and then marketed to the public. Yet, those with the skills to grow their own plants (food) are sometimes vilified - condemned as second-class citizens in need of Medication Assisted Treatment and therapy, paid either privately or by the state, and sometimes coercively, as in the case of the afore mentioned botanical.

The past 100 years of public health and safety policy involving naturally occurring substances, arguably forced upon us through prohibition and burdensome regulation, coupled with the marketing of ultra-processed food products to both children and adults to entice their desire for sustenance and/or pleasure has helped, in my opinion, to exacerbate inflammation and disease. Using 'food as medicine' (such as nutraceuticals, herbs, etc.) is reasonable, and today with Kratom, I simply ask that you please make it so there is personal freedom and reasonable regulation that is constitutional and in defense of liberty. Thank you for your consideration of my testimony.

Nick Reinecker