

HOUSE RESOLUTION No. 6048

A RESOLUTION recognizing the month of February as  
American Heart Month.

WHEREAS, Cardiovascular diseases kill one in three women in the United States, yet 80% of cardiovascular diseases may be prevented; and

WHEREAS, Cardiovascular diseases and strokes kill one woman every 80 seconds in the United States; and

WHEREAS, An estimated 44 million women in the United States are affected by cardiovascular diseases; and

WHEREAS, 90% of women have one or more risk factors for developing a heart disease or a stroke; and

WHEREAS, Women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than for someone else having a heart attack; and

WHEREAS, Only 36% of African-American women and 34% of Hispanic women know that heart disease is their greatest health risk, compared to 65% of Caucasian women; and

WHEREAS, The American Heart Association's Go Red For Women movement motivates women to learn their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and strokes; and

WHEREAS, Women involved with the Go Red For Women movement live healthier lives; and

WHEREAS, The Go Red For Women movement encourages women to take control of their heart health by knowing and managing these five numbers: 1) Total cholesterol, 2) HDL (good) cholesterol, 3) blood pressure, 4) blood sugar, and 5) body mass index (BMI): Now, therefore,

*Be it resolved by the House of Representatives of the State of Kansas:* That we recognize the month of February as American Heart Month to raise awareness for the importance of the ongoing fight against heart diseases and strokes and urge all citizens to show their support for women and the fight against heart disease by wearing the color red to commemorate this day. By increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular diseases, we can save thousands of lives each year.

House Resolution No. 6048 was sponsored by Representative Susan Concannon.

I hereby certify that the above RESOLUTION originated in the HOUSE,  
and was adopted by that body

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*Speaker of the House.*

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*Chief Clerk of the House.*